

Zanshin Dojo Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday
						9:00 AM	
4:00 PM	Ninja Class 4 – 4:40pm	Ninja Class 4 - 4:30pm	Ninja Class 4 – 4:40pm	Ninja Class 4 - 4:30pm			
5:00 PM	Ninjas/Kids 5 - 5:45pm	Kids Class 4:45 – 5:15pm	Ninjas/Kids 5 – 5:45pm	Kids Class 4:45 – 5:15pm	Ninja/Kids 4:30 – 5pm	10:00 AM	Ninjas Class 9:30 – 10am
6:00 PM	Adult Karate (all levels) 6 - 7:30pm	Adult Karate (open training) 5:30 - 7:30pm	Adult Karate (all levels) 6 - 7:30pm	Adult Karate (open training) 5:30 - 7:30pm		11:00 AM	Kids Class 10:15 – 10:45am
7:00 PM						12:00 PM	Adult Karate (all levels) 11am – 12:30pm

Indoor
 Outdoor

All classes simulcast to Zoom.
 To join a virtual class via Zoom, go to www.sfgoju.com/join-class
 Outdoor classes held in Golden Gate Park across from dojo.

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