

## Zanshin Dojo Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
4:00 PM	Ninja Class 4 – 4:40pm		Ninja Class 4 – 4:40pm	Ninja Class 4 – 4:40pm		9:00 AM		
			Kids Class 4:45 – 5:15pm		Ninja/Kids 4:30 – 5pm	10:00 AM		
5:00 PM	Kids Class 5 - 5:45pm			Kids Class 5 - 5:45pm				
			Ninja/Kids 5:30 - 6pm					
6:00 PM	Adult Karate (all levels) 6 - 7:30pm		Adult Karate (all levels) 6 - 7:30pm	Adult Karate (all levels) 6 - 7:30pm		11:00 AM		
7:00 PM								
						12:00 PM		
						Ninjas Class 9:30 – 10am		
						Kids Class 10:15 – 10:45am		
						Adult Karate (all levels) 11am – 12:30pm		

Indoor   
 Outdoor

Outdoor classes held in Golden Gate Park across from the dojo.

640 Stanyan Street  
 San Francisco, CA 94117  
 415-221-KICK (5425)  
 info@zanshinsf.com