

Zanshin Dojo Weekly Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 PM	Little Ninjas 4 - 4:30pm					Ninja/Kids 9:00 – 9:40am
					Ninja/Kids 4:30 - 5pm	
5:00 PM		Little Ninjas 5 - 5:30pm	Little Ninjas 4:45 – 5:15pm			Adult Karate (all levels) 9:40 – 11:00am
	Kids Karate 5:15 - 6pm	Kids Karate 5:30 - 6:15p	Kids Karate 5:15 - 6pm	Ninja/Kids 5:30 - 6pm		Adult Karate (black belts) 11:00 – 11:30am
6:00 PM			Adult Karate (all levels) 6 - 7pm	Adult Karate (black belts) 6 - 7:30pm	Adult Kickboxing (no gi) 6 - 7pm	
7:00 PM	Adult Karate (all levels) 6 - 7:30pm	Adult Karate (all levels) 6:30 - 7:30pm	Adult Karate (brown belts) 7 – 7:30pm			
8:00 PM						

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