

Zanshin Dojo Weekly Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 PM	Little Ninjas 4 - 4:30pm					
			Little Ninjas 4:30 - 5pm		Ninja/Kids 4:30 - 5pm	
5:00 PM	Kids Karate 5:15 - 6pm		Kids Karate 5:15 - 6pm	Ninja/Kids 5:30 - 6pm		
6:00 PM	Adult Karate (all levels) 6 - 7:30pm	Adult Karate (all levels) 6:30 - 7:30pm	Adult Karate (all levels) 6 - 7pm	Adult Karate (all levels) 6 - 7:30pm	Adult Kickboxing (no gi) 6 - 7pm	
7:00 PM			Adult Karate (black belts) 7 - 8pm			
8:00 PM						
9:00 AM						
						Ninja/Kids 9:30 - 10am
10:00 AM						Adult Karate (all levels) 10 - 11am
11:00 AM						Adult Karate (black belts) 11 - 12pm
12:00 PM						

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